As described in the article, the overweight problem has been a serious health problem in Mexico. [A report by the United Nations revealed](http://www.fao.org/docrep/018/i3300e/i3300e.pdf" \t "_blank) that the U.S. came in second to its southern neighbor, Mexico. The new data, published in July, shows that 32.8 percent of Mexicans are overweight -- a full percentage point over the number of Americans [1]. As is well know, obesity can induce several related disease like cardiovascular disease, hypertension, kidney disease, diabetes etc. Research has shown that in 2010 obesity cost about Mexico $806 million dollars, and more over, if poorly controlled, 1.2 billion and 1.7 billions dollars in 2030 and 2050 respectively.[2]

Obesity problem is caused by not only the junk food, as pointed in the readings, but also related to the local health care. Based on a Data monitor country profile, Mexico’s educational system does really well, but healthcare coverage has not kept pace with other social benefits [3]. Although Mexicans become aware of the problem, they still lack the corresponding health care provided by the government.

Good news is that Mexican government has taken some measures to attempt to control this problem like taxing the high-sugar drinks, conducting special program aiming to control obesity at school. Hopefully these methods would work well.

Reference:

[1]<http://www.ibtimes.com/mexico-worlds-top-obesity-rate-raises-prices-soft->drinks-fight-it-1409940

[2] [Rtveladze K](http://www.ncbi.nlm.nih.gov/pubmed?term=Rtveladze%20K%5BAuthor%5D&cauthor=true&cauthor_uid=23369462), et al. Obesity prevalence in Mexico: impact on health and economic burden. [Public Health Nutr.](http://www.ncbi.nlm.nih.gov/pubmed/23369462) 2013 Feb 1:1-7.

[3] [Economist Intelligence Unit - Mexico Country Profile](https://classes.emory.edu/bbcswebdav/pid-1959728-dt-content-rid-1099787_2/xid-1099787_2)